



▶ Accessible Carlisle: A Great Day Out

Spend the day in Cumbria's only city. Carlisle has plenty to offer, with a rich history and heritage; vibrant arts and culture scene; and plenty of accessible attractions, from gentle walks to interesting museums.

★ Highlights

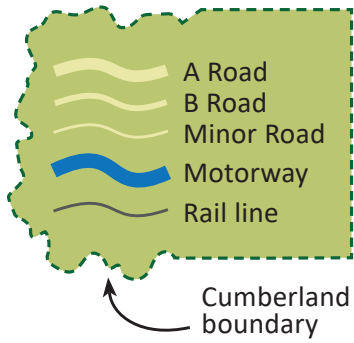
- A rich history
- Peaceful places
- Afternoon tea in a Cathedral



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MAP & KEY



- Points of interest
 - Open all year
 - On public transport route
 - Parking
 - Accessible Parking/ Drop off point
 - Wheelchair access
 - Accessible toilets
 - Hearing loop
 - Refreshments available
 - EV Charger
 - Wifi
 - Dog Friendly
- ACCOMMODATION ONLY:**
- Star Rating
 - Price indicator
- VE/AA** Visit England / AA



Please note, this map is for illustrative purposes only. Not all routes are suitable for all vehicles.

Where to eat

Carlisle Cathedral Cafe

Carlisle Cathedral,
Carlisle CA3 8TZ

A modern cafe set in the grounds of Carlisle Cathedral, with indoor and outdoor seating.

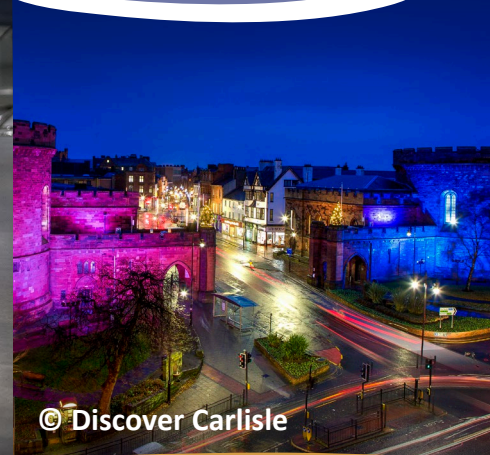
www

Tullie

Castle St, Carlisle CA3 8TP

Refurbished in 2024, with indoor and outdoor seating.

www





1 **Bits Park** Dacre Rd, Carlisle CA3 8UZ

Begin the day with a gentle stroll along flat, surfaced paths in Carlisle's Bits Park: the first public park to be established in the city. There are several areas to discover including formal lawns, floral displays, a peaceful Riverside Trail, and the Garden of Memories: a small space for quiet reflection, created in partnership with the Eden Valley Hospice. There's also a large play area with a wheelchair accessible swing, trampoline, play panels, musical instruments and splash park.



2 **Tullie** Castle St, Carlisle CA3 8TP

Head to Tullie: a museum, art gallery and community hub showcasing fine and decorative art, human history and natural sciences. Old Tullie House is a classical Grade One Listed Jacobean building; adjacent is a purpose built art gallery, seamlessly fusing new and old. As well as permanent collections, there are always temporary exhibitions to discover.



3 **Carlisle Cathedral** The Abbey, Carlisle CA3 8TZ

Discover over 900 years of history at one of England's smallest ancient cathedrals. Marvel at the architecture and enjoy a moment of calm; this is a peaceful oasis for those who prefer a quieter environment.

A visual story is available to download ahead of your visit and the Cathedral is wheelchair accessible, including a wheelchair lift to the Treasury Exhibition.

Children are also welcome, with free trails and colouring activities; and additional events during the school holidays. There's also a weekly toddler and pre-school group, 'Little Stars', which takes place every Friday at 10am.



TOP TIP: How about Afternoon Tea in the Cathedral? Afternoon Teas are served in the majestic Fraternity Hall, or in the popular Cathedral Cafe. Must be booked 48 hours in advance.

GOOD TO KNOW: For a more bespoke visit, Cumbria's Blue Badge Tourist Guides offer privately guided tours which are tailored to individual needs. With in-depth knowledge of the local area, it's a great way to explore with peace of mind. Contact Carlisle Tourist Information Centre to book.